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Do you or a loved one  
suffer from  
**Crohn's**  
or  
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For more details:

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# CROHN'S DISEASE & ULCERATIVE COLITIS

are two forms of chronic non-infectious Inflammatory Bowel Disease that can affect people of different age groups.

## Who may be affected?

Although both genetic and environmental factors are involved, the causes remain unknown. Diagnosis, which can occur at any age, is most common between the ages of 10-40 and males and females suffer equally.

## What are the symptoms?

These generally resemble a bad bout of gastric flu which keeps recurring unexpectedly leading to pain, urgent diarrhoea, bleeding, anaemia, weight loss and loss of appetite.

## What is the impact on people's lives?

Since young people can be affected during their educational years or as they become established in their career, sufferers may not achieve their full potential. Moreover lack of awareness about these conditions may lead to unfair judgements about such sufferers.

## Is there hope for a better life?

With specialised healthcare, the vast majority of patients are able to lead a normal and fulfilled life.



Aims to:

- provide support and information
- raise public awareness
- promote patients' needs and rights
- encourage and promote research
- enhance patients' self-confidence and overall well-being

For more information, kindly complete the attached form and return it to:

**Malta Association of Crohn's and Colitis**  
Kisba, 17, Triq il-Karwija  
Kirkop Malta KKP 1231

**email: [info@macc.org.mt](mailto:info@macc.org.mt)**

[www.macc.org.mt](http://www.macc.org.mt)

**I am interested to learn more about MACC. Please send me further information through my contact details below:**

Title: (Mr/Mrs/Ms/Other)

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Crohn's ☐

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Patient ☐

Parent/Guardian ☐

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