

Inflammatory Bowel Disease (IBD)

- **Crohn's Disease and Ulcerative Colitis are two forms of chronic non-infectious Inflammatory Bowel Disease (IBD) that can affect people of different age groups.**
- **IBD is more common in developed countries.**
- **Symptoms generally resemble a bad bout of gastric flu which keeps recurring unexpectedly leading to pain, urgent diarrhoea, bleeding, anaemia, weight loss and loss of appetite.**
- **Since young people can be affected during their educational years or as they become established in their career, sufferers may not achieve their full potential.**
- **Lack of awareness about these conditions may lead to unfair judgements about such sufferers. IBD affects over one million people in Europe. However, with specialised healthcare, most patients are able to lead a normal life.**



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Ftit Fatti....

- Il-*Crohn's Disease* u l-*Ulcerative Colitis* huma żewġ forom ta' mard infjammatorju u mhux infettiv fil-musrana (Inflammatory *Bowel Disease* - *IBD*) li tista' taffettwa lill-persuni ta' etajiet differenti.
- Huwa magħruf li l-*IBD* hija aktar komuni f'pajjiżi żviluppati milli f'pajjiżi tat-tielet dinja.
- Ġeneralment is-sintomi jixbhu lil dawk ta' influwenza gastrika akuta li jibqgħu jitfaċċaw f'daqqa waħda u li jikkawżaw uġiġh, dijarrea urġenti, tnixxija ta' demm, enemija, telf ta' piż u nuqqas t'aptit.
- Ġaladarba dawn il-kundizzjonijiet jistgħu jaffettwaw iż-żgħażaġh matul iż-żmien tal-edukazzjoni jew il-formazzjoni tal-karrieri tagħhom, dawk li jsofru minn dawn il-kundizzjonijiet jistgħu ma jiżviluppawx għal kollox il-potenzjalitajiet tagħhom.
- Barra minn hekk, in-nuqqas t'għarfien fuq dawn il-kundizzjonijiet jistgħu jwasslu għall-ġudizzji ingusti dwarhom.
- L-*IBD* taffettwa 'l fuq minn miljun persuna fl-Ewropa. Madanakollu, b'kura speċjalizzata, ħafna pazjenti jistgħu jgħixu ħajja normali.



IBD in Malta

- **Presently around 1600 patients are being treated for IBD in Malta but the number is increasing.**
- **The prevalence of this disease is of 400/ 100,000, similar to that in the United Kingdom.**
- **Treatment costs of IBD in Malta are the same as those to treat diabetics or cancer patients and are increasing annually.**
- **It is estimated that the cost of a flare-up of the disease is about twenty times higher than the cost involved to keep the disease under control.**



L-*IBD* f' Malta

- **Preżentement f' Malta hawn madwar 1600 pazjent li qiegħed jiġi kkurat għall-*IBD*.**
- **Il-prevalenza tal-marda hija ta' 400/100,000 li hija simili ħafna għal dik fir-Renju Unit.**
- **L-ispejjeż għall-kura tal-*IBD* f' Malta huma daqs dawk għad-dijabete jew għall-kanċer u qegħdin jizdiedu sena wara sena.**
- **Huwa stmat li l-ispejjeż tal-flare-up fil-marda huwa ta' għoxrin darba aktar mill-ispejjeż ta' meta l-marda tkun f' remissjoni.**



Malta Association of Crohn's and Colitis (MACC)

- **The Malta Association of Crohn's and Colitis (MACC) was officially launched on Friday, 29th January, 2010.**

The main aims of the Association are:

- 1. To offer support to persons and relatives of persons suffering from IBD.**
 - 2. To help them improve their quality of life.**
 - 3. To improve public awareness about these chronic conditions.**
 - 4. To promote patients' needs and rights.**
 - 5. To encourage and promote research.**
- **MACC is a member of EFCCA (European Federation of Crohn's and Ulcerative Colitis Associations) in April, 2010.**
 - **EFCCA currently represents around 100,000 member patients, relatives and friends from all over Europe through its role as an umbrella organisation for 25 national associations.**



EFCCA



L-Assoċjazzjoni Maltija tal-*Crohn's* u *Colitis* (MACC)

- Minn mindu l-*IBD* giet rikonoxxuta bħala marda kronika, gruppi ta' self help u assoċjazzjonijiet oħra bdew jinfirxu fl-Ewropa tant li illum l-Federazzjoni Ewropea tal- *Crohn's* u *Ulcerative Colitis* (EFCCA) għandha 25 assoċjazzjoni membru li, flimkien, jirrappreżentaw aktar minn 90,000 pazjent, qarib u ħbieb mill-Ewropa kollha.
- L-Assoċjazzjoni Maltija tal-*Crohn's* u *Colitis* (MACC) tnihdiet uffiċjalment nhar il-Ġimgħa 29 ta' Jannar, 2010
- L-MACC giet affiljata mal-EFCCA f'April tal-2010

L-għanijiet prinċipali ta' din l-Assoċjazzjoni huma:

1. li toffri appoġġ kemm għall-persuni li jbatu mill-*Crohn's Disease* u l-*Ulcerative Colitis* kif ukoll għall-qraba tagħhom.
 2. li tgħinhom itejbu l-kwalità ta' ħajjithom.
 3. li tqajjem kuxjenza dwar il-ħtigijiet u d-drittijiet tal-pazjenti li jbatu minn dawn il-kundizzjonijiet kroniċi.
- L-Assoċjazzjoni għandha l-ħsieb li tippromwovi l-ħtigijiet u d-drittijiet tal-pazjenti u li tteġġeg ir-riċerka.



EFCCA

